

# *Village of North Palm Beach*

*"The Best Place to Live Under the Sun"*



**NORTH PALM BEACH**

*Hot Cars & Chili*

**OPEN  
CAR SHOW  
&  
CHILI COOKOFF**



**JANUARY 2018**

*To our Residents  
Wishing you good health, happiness, and success  
in the New Year and always  
from your  
Village Council and Administration*



### Code of the Month

#### **Holiday Lights, Sec. 6-112.**

Exempt holiday lights and decorations, erected during the appropriate holiday season, shall comply with all building and electrical codes. Holiday lights and decorations may be erected no earlier than four(4) weeks prior to the subject holiday with the exception of the Christmas/Hanukkah holidays. Christmas/Hanukkah lights and decorations may be erected no earlier than October 15th. All holiday lights and decorations must be removed within two (2) weeks following the holidays.

### **WHAT THE FLOOD MAP CHANGES MEAN FOR YOU**

Palm Beach County participated in a multi-year process to map its current flood risk in partnership with FEMA and other government agencies. It's important to know the most current flood risk so both you and your community can take steps to protect yourself. Visit [FEMA.gov/palmbeach](http://FEMA.gov/palmbeach) to see your flood risk.

**If you are in a high-risk area as of October 5, 2017, you may be required to purchase flood insurance.** However, you may be eligible for cost-saving flood insurance policy options. **If you are no longer in the high-risk areas,** you may be eligible for a lower-cost policy called a "Preferred Risk Policy".

If there is no change in your flood risk, talk to your insurance agent to ensure your home and possessions are properly covered. Note that most homeowners insurance policies do not cover damage due to flooding. If you have no coverage, it's critical that you learn about your risk and take steps now to protect yourself.

### Business Tax Receipt Reminder

Business Tax Receipt renewals for the 2017/2018 fiscal year were due on September 30, 2017. Renewals paid after January 1, 2018 are subject to a 25% penalty under the Village Code of Ordinances Article II, Section 17-20. Pursuant to Florida Statute 205.053, business tax receipts not paid 150 days from initial notice of tax due are subject to civil actions and penalties of an additional \$250 plus court costs and administrative costs incurred as a result of collection efforts. If you have any questions, please call the Community Development Department at (561) 841-3365.



### Operation Holiday Cheer: Raising the Spirits of Our Soldiers

Support Our Troops USA, Inc. wishes to thank the amazing citizens who donated goods, knitted hats, gave money, wrote cards, and worked tirelessly on November 11th to pack Holiday Gift Boxes for 376 soldiers serving in Afghanistan.

**Amazing, Bountiful, Caring, Dedicated, Enthusiastic — that's YOU!!**



Support Our Troops gratefully acknowledges contributions and assistance from:

- Knights of Columbus Assembly 0155
- Knights of Columbus Santa Maria Council
- Santa Maria Council Ladies Auxiliary



Kudos to the many individuals and businesses who gave money. Large or small, every dollar counts. Your donations purchased gift boxes and items to fill them, holiday decorations, and covered postage costs to ship the packages.

## FLORIDA LEAGUE OF CITIES PRESENTATION



Palm Beach County League of Cities 1st Vice President, Mayor Anne Gerwig & Executive Director, Richard Radcliffe with Councilmember David Norris



Councilmember Susan Bickel, Vice Mayor Robert Gebbia, Councilmember David Norris, Mayor Darryl Aubrey, and President Pro Tem Mark Mullinix

**COUNCILMEMBER NORRIS** On behalf of the Florida League of Cities, Carol Westmoreland presented the John Land Years of Service Award to Councilmember Norris in recognition of his 20 years of elected service. Palm Beach County League of Cities, Inc. 1st Vice President, Mayor Anne Gerwig of Wellington, and Executive Director Richard Radcliffe were also in attendance to honor Councilmember Norris.

David Norris was first elected to the Village Council of North Palm Beach in 1997. Currently serving as Councilmember, Mr. Norris previously served as Mayor in 1998, 2001, 2003, 2006, 2009, 2012, and 2016; as Vice Mayor in 2005, 2008, 2011, and 2015; and as President Pro Tem in 2000, 2007, and 2010.

**Congratulations David!**

## IMPORTANT ELECTION NOTICE NEW QUALIFYING PERIOD FOR MUNICIPAL ELECTIONS

North Palm Beach has a new qualifying period for candidates seeking election to the Village Council. The qualifying period for the general election in March has been changed to the first seven (7) business days in January during regular business hours. This change will be effective for the March 2018 election and all future municipal elections in order to provide time for the Palm Beach County Supervisor of Elections to send vote-by mail ballots to overseas citizens in accordance with statutory requirements.

**NPB Candidate Qualifying Period for 2018**

Opens: Tuesday, January 2, 2018  
Closes: Wednesday, January 10, 2018

**Village Council Seats Open to Election**

Group 1, Group 3, Group 5

**Election Date: Tuesday, March 13, 2018**

Call the Village Clerk's office, 841-3355 for information.

North Palm Beach tiene un nuevo período de calificación para los candidatos que buscan la elección del Consejo del Pueblo. El período de calificación para las elecciones generales en marzo se ha cambiado a los primeros siete (7) días hábiles en enero durante el horario comercial normal. Este cambio será efectivo para las elecciones de marzo de 2018 y todas las elecciones municipales futuras con el fin de proporcionar tiempo para que el Supervisor de Elecciones del Condado de Palm Beach envíe papeletas de voto por correo a ciudadanos extranjeros de acuerdo con los requisitos legales.

**Período de calificación del Candidato NPB para 2018**

Abre: martes 2 de enero de 2018  
Cierra: miércoles 10 de enero de 2018

**El Consejo de la aldea se abre a las elecciones**

Grupo 1, Grupo 3, Grupo 5

**Fecha de elección: martes 13 de marzo de 2018**

Llame a la oficina del Secretario del Pueblo, 841-3355 para obtener información.



Help people and give your mind a workout, too. Get the joy and satisfaction of helping people in your own community with a much-needed service. Your expertise will be appreciated more than you can imagine.

**VOLUNTEER OPPORTUNITY 🌀 TAX-AIDE COUNSELORS NEEDED**

**Apply to join the AARP Foundation Tax-Aide volunteer team today!**

Register online at [www.aarp.org/taxaide](http://www.aarp.org/taxaide)



# Food Truck Frenzy & Movie!!

## Saturday, January 13, 2018

5:00pm - 9:00pm



**Free Movie at 7pm!!**



**20 trucks!**

**Anchorage Park, 603 Anchorage Drive, 561-841-3386**

**Bring your lawn chairs, blankets, and appetites!!**

North Palm Beach

# Hot Cars & Chili



January 27, 2018

**Anchorage Park**

603 Anchorage Dr.

Car show registration: 9:00 – Noon

Car show: Noon – 4:00 pm

Chili Cook-Off: Noon – 4:00 pm

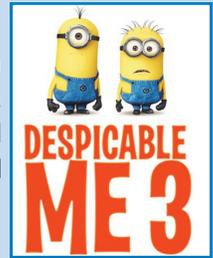
*(\$5/person for sampling)*

Food, & beverage available, raffles for  
great prizes, vote for your favorite chili,  
and more!

561-841-3386

## Food Truck Frenzy

Join us for a free movie in the park and dinner at the Food Truck Frenzy on Saturday, Jan. 13th from 5:00-9:00pm at Anchorage Park! At 7:00 pm, we will be showing a movie in the park as well. The movie will be Despicable Me 3. The Food Truck Frenzy will feature many of your favorite food trucks offering a wide variety of delicious foods & desserts! Bring your lawn chairs, blankets and appetites!



## Hot Cars & Chili! Open Car Show and Chili Cook-Off

On Saturday Jan. 27<sup>th</sup>, the Recreation Dept. is hosting their annual open car show and chili cook-off at Anchorage Park. Think you make some pretty good chili? Let's just see! Advanced vehicle registration is \$15.00 and the first 100 entries are guaranteed a show t-shirt. On-site registration will take place from 9:00am – noon, and will be \$20.00. From noon – 4:00 pm the public can enjoy food, drink, chili, music, looking at beautiful cars and voting for their favorite chili! Get there early as the chili runs out. Fee for participants to sample chili is \$5/person. Mark your calendar! If you have a classic car, we hope you will participate in the show. Applications are available on the recreation pages of [www.village-npb.org](http://www.village-npb.org) or at Anchorage Park, 603 Anchorage Drive. We can also email you an application. Call 561-841-3386 for more details!



**Chili Cooks** – We are looking for people who think they make a great pot of chili. Our Annual Chili Cook-Off is Saturday Jan 27<sup>th</sup> and we need chili teams! This is not a sanctioned chili cook-off, just tons of fun! Teams consist of a captain and 3 members. Entry fee is a mere \$5.00 and is due by Jan. 19<sup>th</sup>. Call the Rec Dept at 561-841-3386 for complete details! We will be happy to email you the chili application as well.

## iPhone Class – Jan. 10 & Feb. 7

Did you get a new iPhone for the holidays? Do you know how to use it or did your kids/grandkids give you the abbreviated 10 minutes of instruction? We will show you the basics to using your new phone; using the camera, texting, emailing, and more!! Pre-registration is necessary at Anchorage Park, 603 Anchorage Drive. Class will be held from 10:30am – Noon on Wednesday, January 10<sup>th</sup> & Wednesday, February 7<sup>th</sup>, \$5/class. Please call 841-3386 for more information.



## Looking Ahead...

### Village-Wide Garage Sale

Start cleaning out those closets and garages for our March 4<sup>th</sup> Village-Wide Garage Sale. This event is geared towards those NPB households that can't hold their own garage sale due to living in a condominium. The sale will be held at the NPB Community Center, 1200 Prosperity Fm. Rd. from 7:00am – noon. Spaces are available for \$21.30. Reserve your space early! Only 1 space/household. Registration begins Wednesday, January 3<sup>rd</sup> for residents and January 17<sup>th</sup> for non-residents.



### Annual Heritage Day Festival & Parade

**Mark your calendars now!** The Annual Heritage Day Festival will be held on Saturday, April 7<sup>th</sup> at Anchorage Park! We need your help!! Round up those scout troops, the businesses, the clubs and start planning the float/unit that you will be entering into the Heritage Parade! Parade beginning at 11:00am & Festival running from Noon – until 8:00 pm. For more information, call the Parks & Rec Dept. at 561-841-3386.

## Ongoing Classes

### Activity Class Registration

We are currently registering for all activity classes that begin in January.

### Zumba

We invite you to join us for a great, fun workout doing Zumba with Tran Maddox! Zumba fitness is a Latin inspired dance fitness program. The class introduces international music and easy to follow dance steps to individuals of all age and fitness levels. This is a great workout that is fun and exciting! Participants enjoy a party-like atmosphere while experiencing an exhilarating, innovative and effective workout!



Tran is a licensed Zumba® instructor for Zumba® Gold, Zumba® Kids and Zumba® Kids Jr. and an active member of ZIN (Zumba Instructor Network). Tran is known for making class fun, easy-to-follow, and accessible to all levels. While Zumba Fitness® offers creative choreography that focuses on balance, range of motion, and coordination, Tran's goal is for her students to strive for progress, not perfection! Let loose, shake off the calories, and feel good about your mind, body & soul. This class meets at Anchorage Park @ 6:00 pm on Wednesday evenings. Fee: \$25/4 classes, or \$8/class.

### Instructional Bridge Classes



Abbie Feuer and Jan Vandersluis are accredited and certified contract bridge instructors/directors. They are offering bridge lessons at Anchorage Park Monday through Thursday from 9:30-11:30 am. Fee: \$10/class.

The schedule is as follows:

Monday - Developmental class

Tuesday – Advancing Players, all levels

Wednesday – Bridge Basics

Thursday – Supervised Play, all levels

To join a class, contact Jan @ [jvanders29@comcast.net](mailto:jvanders29@comcast.net) or 561-625-8742.

### Swim Lessons

We are happy to be working with Swim with Gills in offering swim classes for *all ages and skill levels*. We offer a wide variety of days and times. Please call Swim with Gills at 561-222-4994 for a complete schedule and to get started. All classes have limited enrollment.

Group lessons: \$65/4 classes; Private lessons: \$145/4 classes; Semi-private lessons: \$95/4 classes.

### Pickleball

Get pickled at North Palm Beach Recreation! Pickleball is a fun game that is played on a badminton court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball (similar to a whiffle ball) and wood or composite paddles. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. It is great exercise so come join in the fun! We have the paddles and the balls – you just show up ready to play on 3 indoor courts located at the NPB Community Center, 1200 Prosperity Farms Rd. For additional information, please call Mary at 841-3389 after 2:00 PM.



# NORTH PALM BEACH RECREATION

## Trips and Tours

### Winter & Spring 2018

603 Anchorage Dr. North Palm Beach, FL 33408

January	February	March	April	May
 <p><b>Little Havana Culinary Tour</b> (Miami) Thursday - Jan 18 <i>Chick</i></p> <p>COST \$75 DEPART-9AM / RETURN-5pm</p>	<p>THRIFT STORE <b>FRENZY</b> (Hobe Sound &amp; Stuart) Fri. - Feb. 9</p>  <p>COST \$15 DEPART-9AM/RETURN-5:00P</p>	<p><b>Strawberry Festival</b> (Plant City) Thur - Mar 8</p>  <p>COST \$75 DEPART-8:30AM / RETURN-10PM</p>	<p><b>HARD ROCK CASINO</b> (Hollywood, FL.) Fri-April 13</p>  <p>COST \$20 DEPART-9AM RETURN-9PM</p>	<p><b>KEY WEST WEEKENDER</b> May 4, 5, &amp; 6, (Fri-Sat-Sun)</p>  <p>COST \$360 pp/dbl DEPART 8AM-MAY 4 RETURN 9PM-MAY 6</p>
<p><b>Schnebly's Winery Tour &amp; Lunch</b> (Homestead) Wed. -Jan. 31</p>  <p>COST \$65 DEPART-8AM/RETURN-6PM</p>	<p><b>MORSE MUSEUM</b> (Winter Park) Thur-Feb. 15th</p>  <p>COST \$55 DEPART-7:30AM / RETURN-7PM</p>	<p><b>Mount Dora Spring Fest</b> (Mount Dora) Saturday - Mar 17</p>  <p>COST \$25 DEPART-7:30AM / RETURN-9pm</p>	<p><b>Sawgrass Mall</b> (Sunrise, FL.) Fri. - April 27</p>  <p>COST \$20 DEPART 9AM RETURN-4:30PM</p>	<p><b>841-3386</b></p> <p>North Palm Beach Recreation</p>
<p><b>IKEA</b> (Sunrise, FL.) Fri. - Feb 23</p>  <p>COST \$20 DEPART -9AM / RETURN-4:30pm</p>	<p><b>Heat vs. Cavaliers Game</b> (Miami, FL.) Tuesday - March 27th</p>  <p>COST \$88 DEPART 4:30pm RETURN 12:30am</p>	<p><b>Strawberry Festival</b> (Plant City) Thur - Mar 8</p>  <p>COST \$75 DEPART-8:30AM / RETURN-10PM</p>	<p><b>Hard Rock Casino</b> (Hollywood, FL.) Fri-April 13</p>  <p>COST \$20 DEPART-9AM RETURN-9PM</p>	<p><b>Key West Weekender</b> May 4, 5, &amp; 6, (Fri-Sat-Sun)</p>  <p>COST \$360 pp/dbl DEPART 8AM-MAY 4 RETURN 9PM-MAY 6</p>

## North Palm Beach Police Department 2017 Civilian Awards



### **Chief's Award of Excellence:**

#### **Finance Director Samia Janjua**

For her cooperation and excellence in providing finance assistance to the Police Department during an unexpected fiscal shortfall.

Leadership during Hurricane Irma  
6 months as Interim Village Manager  
Agility in Crisis Management

#### **Special Projects Director Chuck Huff**

Worked with multiple agencies and resolved bridge closure issues that resulted from the damage repair to the Earman River Bridge located in the 300 block of US Highway 1, mitigating impact and shortening the repair timeline.

#### **Public Works Supervisor Travis Hawthorne**

Demonstrations-Device placement to prevent and remove demonstrator vehicles from blocking the roadway during demonstrations.

Leadership and Professionalism during Hurricane Irma  
Traffic MOT-Diversion of Traffic in Emergency

#### **Public Works Supervisor Dennis Nentwick**

Has provided superior service to the PD over many years keeping our fleet safe.

### **Certificate of Commendation:**

#### **Public Works Manager Susanne Hachigian**

For her outstanding performance, superior dedication, and positive attitude during Hurricane Irma.

# GO GET GOLF READY

A program designed for beginner to Intermediate level golfers wanting clinic-style golf instruction in a fun group setting! The fundamentals of putting, chipping, pitching, full swing, etiquette, and the rules of golf will be covered over the course of 5 weeks with an on-course playing lesson on week 5.

7.5 hours of instruction for \$150!

Note: Space is limited. Each session must have 5 students to be held. Students may not switch between the two sessions and missed sessions will not be made up or pro-rated.



Two 5 week sessions available:

- Sundays 2:00 - 3:30pm, beginning January 14 with Danny Walsh
- Tuesdays 9:00 - 10:30am, beginning January 16 with Casey Mitchell

Contact Casey Mitchell at 561.691.3421  
or [cmitchell@village-npb.org](mailto:cmitchell@village-npb.org) to reserve your space

2018 Winter Junior Golf Programs

Junior Team Golf

**What:**  
TEAM GOLF WEEKLY PRACTICE

**DATES:**  
SATURDAYS 1-2:30  
*or*  
3:00-4:30  
12 WEEKS

(January 13 - March 31, 2018)



**COST:**  
\$300 FOR 12 WEEKS

**Skill Level:**  
Beginner to  
Intermediate Juniors ages  
5-15 Years old

- Program also includes:
- ✓ Practice balls outside of designated practice times (\$840 value)
  - ✓ Season ending adult-child scramble tournament
  - ✓ Optional yearly SPGA Tournament participation and membership



Junior Team Elite

**What:**  
TEAM ELITE A & B  
WEEKLY PRACTICE WITH  
ON-COURSE PLAY

**DATES:**  
SATURDAYS 8:30-10:00 AM  
12 WEEKS

(January 13 - March 31, 2018)

**COST:**  
\$300 FOR 12 WEEKS

**Skill Level:**  
For Intermediate to  
Advanced Juniors ages 12-17  
(Exceptions will be made on a case-by-case basis  
for younger, competitive golfers)

- Program also includes:
- ✓ Practice balls outside of designated practice times (\$840 value)
  - ✓ Season ending adult-child scramble tournament
  - ✓ Optional yearly SPGA Tournament participation and membership
  - ✓ Heavy focus on on-course practice
  - ✓ Video lessons

Space limited to 14 Juniors  
between Team Elite A & B



Junior Clinic

**What:**  
SATURDAY DROP-IN CLINIC

**DATES:**  
EVERY SATURDAY  
10:00-11:00 AM

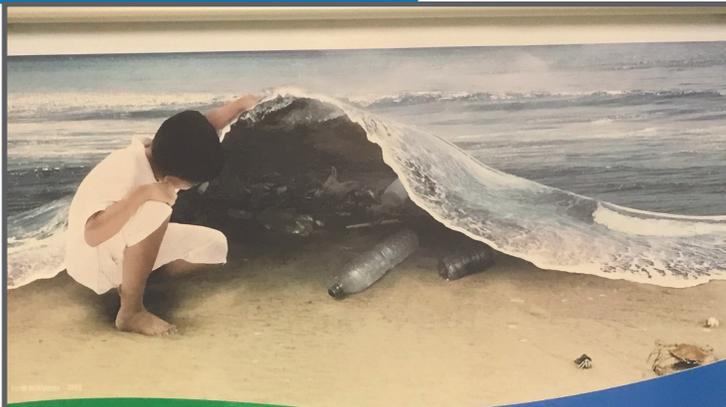
**COST:**  
\$25 PER CHILD

**Skill Level:**  
Beginner

**AGES:**  
4-12 YEARS OLD



[cmitchell@village-npb.org](mailto:cmitchell@village-npb.org)  
or 561-691-3421 for more  
Information



Stormwater runoff is rainfall that runs over the ground's surface and into waterways.

Even if it flows into a storm drain, the runoff almost always ends up in our waterways without treatment.

Along its path, runoff can collect pollutants such as:

- Oils, greases, paints
- Pesticides, herbicides, fertilizers
- Detergents, cleaners
- Hazardous chemicals
- Leaves and grass clippings
- Sediments, trash and debris
- Pet waste



### You can help!

Clean up, pick up, or relocate materials so runoff won't wash them into our waterways.

Call your local authority to report local water pollution activity.

## Just a Friendly Reminder

We provide refuse collection services five(5) days a week for all Village residents. All refuse should be ready for collection by 7:00am. Residents must provide their own garbage/trash can and place it by their home for pickup ("side door service"). Bulk items, vegetation, and recycling should be placed curbside. Our schedule is as follows:

- Monday - Garbage, Trash, and Bulk Items
- Tuesday - Vegetation
- Wednesday - Garbage, Trash, and Bulk Items
- Thursday - Vegetation and Recycling
- Friday - Garbage, Trash, and Bulk Items

Please note that if a contractor is hired, e.g. landscaper or home remodeler, they are responsible to haul away the vegetation and construction debris.



### Place These In Your Blue Bin



- Plastic Containers - #1-#7
- Steel Cans
- Aluminum Cans
- Aluminum Foil
- Aluminum Pie Pans
- Drink Boxes
- Milk and Juice Cartons
- Glass Bottles and Jars



### Place These In Your Yellow Bin



- Newspapers
- Magazines/Catalogs
- Unwanted Mail
- School/Office Paper
- Phone Books
- Paper Bags
- All Cardboard Boxes (flattened and cut to 3' x 3' maximum)

Place flattened, cardboard pieces no larger than 3'x3' in or next to yellow bin.

1 (866) NEW-BINS • www.swa.org • recycle@swa.org

FREE SERVICE



# Homeowners

If you're landscaping, putting in a fence or replacing a mailbox, chances are, underground utilities are nearby. Find out where they are—before you dig—with 811.



### 811 before you dig

Contacting 811 for a locate ticket is the only way to have underground utility lines located and marked. You can call 811 and speak with a representative or visit [sunshine811.com/homeowner](http://sunshine811.com/homeowner) to create a Single Address Ticket.

Either way, you'll answer several questions to pinpoint where you'll be digging. Write down the locate ticket number you get at the end of the process.

If you've hired contractors to work on your property, tell them to contact 811.

If you want to dig on:	Contact 811
Sat/Sun/Mon	Wed
Tue	Thu
Wed	Fri
Thu	Mon
Fri	Tue

Holidays and weekends are not counted in the two-day waiting period. Phones are answered M-F 7 a.m. to 5 p.m. or get a locate ticket online with Single Address Ticket.

Note: For small projects, mark the area with white paint before contacting 811.

### How far ahead do I need to call 811?

A minimum of two full business days. See chart at left.

### What happens after 811?

Sunshine 811 notifies utilities of your digging plans. Most will send locators to mark underground lines with paint and flags. They won't locate any private lines running from the

house to a shed, pool, other structure or irrigation systems. Most utilities do not locate water lines running from meter to house.

[sunshine811.com/homeowner](http://sunshine811.com/homeowner)

### What if a utility line runs through my dig area?

Consider moving your project. It may help prevent:

- Root systems growing into underground utility lines.
- Cutting lines—or worse—during fence and mailbox installations.
- Landscape or fence removal for future underground utility repairs.

### Interesting Fact

Roots usually grow two to three times farther from the tree trunk than the branches. When planting, leave plenty of room for roots to expand.

### What if there are no or few utility paint marks/flags?

Our Positive Response System can help. Visit [sunshine811.com/homeowner](http://sunshine811.com/homeowner) to Verify Utility Response. Never assume no marks means no utility lines.

### What do the colors mean?

Paint and flag colors represent the utility buried below.

- RED: Electric
- ORANGE: Communications
- YELLOW: Gas
- BLUE: Water
- PURPLE: Reclaimed Water
- GREEN: Sewers

### What should I do if I hit a utility?

Stop digging and call the utility company that owns the line – even if the line looks fine.

### Helpful Information

- If your project lasts longer than 30 days, contact 811 for a new locate ticket.
- Utility marks are not exact and each utility has a tolerance zone that extends 24 inches from the marks. Dig safely in this area.

### Did you know?

Utility lines run under these green utility boxes. Do not plant near them. Root and plant growth make future repairs and maintenance difficult.



Earman River

## Tree Trimming

This is a friendly reminder for residents with trees in front of their homes hanging over the street that they need to be trimmed to at least **15 feet above the pavement** so fire and sanitation trucks can pass safely under them. We have had one sanitation truck get stuck under a tree earlier this year and even small low hanging branches can do damage to fire and sanitation trucks.



Please look carefully at each tree and properly trim out all dead or damaged branches, remove any crossing or rubbing branches and finally remove branches that are hanging over the street less than 15 feet above the pavement. This trimming routine will prevent the dead branches from falling out of the tree during a windstorm and it will help thin out the tree to allow winds to easily pass through. Never top a tree, branches that grow from topped trees can easily break off in the next storm.

We thank you for your assistance with this matter and helping to protect the significant investment you've made in fire and sanitation trucks. If you have any questions or concerns please feel free to contact Public Works at 691-3440 or Community Development Code Compliance at 841-3367.

## 4 Tips to Keeping Your New Year’s Resolutions

You’ve made a New Year’s resolution? Congratulations: Research says you’re 10 times more likely to successfully alter a behavior than you would if you didn’t make a start-of-the-year vow. Maybe that’s why some 45 percent of American adults ring in the New Year with a resolution.

But will they keep it? According to statistics, almost half will give up on their goals within six months. Avoid being one of them. No matter what you’ve vowed—to lose weight? get fit? save money?—these four tips will help you achieve your goal.

**Be Specific** - Vague goals won’t work. “You’ve got to develop a specific action plan for change,” says John Norcross, Ph.D., co-author of *Changeology: 5 Steps to Realizing Your Goals and Resolutions* (\$25, amazon.com). Map out your strategy before New Year’s arrives. If you want to lose weight, target a precise number of pounds to shed, then set concrete mini-goals and the dates on which you aim to accomplish each of them. Want to save money? Determine the amount you will put aside each month and identify explicit changes in behavior you’ll make to get there, whether that means skipping your afternoon latte or carpooling to work to save on fuel costs.

**Make Your Goal Public** - Share your decision to change with friends and family who can offer support when you’re wavering and encouragement when you’re doing well at sticking to your resolution. “Public commitments are generally more successful than private decisions,” says Norcross.

**Substitute Good Behaviors for “Bad”** - Don’t rely on willpower alone to help you change, advises Norcross. That approach won’t work. Instead, build in a healthy behavior that’s incompatible with the one you want to change. So if eating your usual midafternoon treat runs contrary to your goal of dropping a few pounds, put together a small like-minded group and commit to taking a quick, brisk walk at your normal snack time. Each time you put the brakes on “bad” behavior, you’ll increase your confidence in your ability to make the change.

**Track Your Progress** - Record or chart your changed behavior. “Research indicates that such ‘self-monitoring’ increases the probability of keeping your resolution,” says Norcross.

**Stay in Touch:** It’s easier than ever to keep up with Village news and events on our website, [www.village-npb.org](http://www.village-npb.org). Citizens can sign-up to receive emails or text messages when items are posted on the website. You can subscribe, unsubscribe, and manage your subscriptions online. Choose the information you want to receive: Parks & Recreation or Country Club calendar of events, Village Newsletter, Police Department News, or Council Meeting Agendas and Minutes – sign-up and stay up-to-date on the activities that interest you. Click on **Stay Notified** in the blue box on the left side of the

home page.



**Report a Concern:** Residents can report concerns and track the status of existing Requests online. Using Request Tracker, your concern will be reported directly to the appropriate department for action. Click on **Report a Concern** in the blue box on the left side of the home page.

**Adults**

**Saturday, Jan. 6 & 20**  
**at 9:00 a.m.**  
**Chess Club**  
 Contact: John Dockery,  
 561-762-3377



**Mondays & Thursdays**  
**at 9:30 a.m.**  
**Yoga**

with certified yoga instructor  
 Mi Sun Donahue (60 min.)

**Mondays at 11:00 a.m.**  
**Knit & Crochet**

Bring a project and knit or crochet with others in a friendly library setting. Basic knitting and crochet skills are recommended. (3 hours)



**Monday, Jan. 8 at 6:30 p.m.**  
**AAUW Meeting**

The American Association of University Women



**Tuesday, Jan. 9 at 6:30 p.m.**  
**The Lighthouse Camera Club**  
 Friendly group of photo enthusiasts. Skill levels ranging from beginners to advanced amateurs, to professionals. (2 hours)

**Tuesday, Jan. 16 at 7:00 p.m.**  
**TreeSearchers Genealogy**  
 Contact Sue, 841-3383



Genealogy Databases at the Library!  
 Ancestry, World Vital Records and Heritage Quest

**Wednesdays at 9:00 a.m.**  
**Walking Club**  
 All ages Welcome (1 hour)

**LIBRARY HOURS**

**Monday-Thursday 9am-7pm**  
**Friday-Saturday 9am-5pm**  
**Sunday 1-5pm**

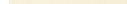
**Wednesdays at 12:00 p.m.**  
**Great Courses filmed lecture series.** Mozart - His Life and Music (60 min. )

**Thursday, Jan. 11 at 11:00 a.m.**  
**Rock Painting**  
 with Kelly  
 NPB Rocks (2hours)

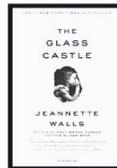


**Thursday at 11:00 a.m.**  
**Book Discussion**

**January 4, 2018**  
**Being Mortal: Medicine and What Matters in the End**  
 by Atul Gawande (1 hour)



**February 1, 2018**  
**The Glass Castle: A Memoir**  
 by Jeannette Walls (1 hour)



**Thursday, Jan. 25 at 11:00 a.m.**  
**Hearing Loss Support Group**  
 Hearing Loss Association of America, NPB Chapter. A Support Group for the Hearing Impaired (2 hours)

**Fridays at 10:00 a.m.**  
**The Sand Dollar Quilters Group**



This award-winning group of dedicated quilters has been meeting and quilting in the library on individual and group projects for several years. New members welcome. Basic sewing skills are recommended, as this is not intended as a quilting class. (4 hours)

**Conservatory School Field Trips to the**

**NORTH PALM BEACH PUBLIC LIBRARY**

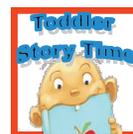


**Children**

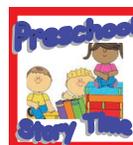
**Mondays at 2:30 p.m.**  
**Beginners Chess**  
 Age 8 thru 17  
 Learn the basics of chess in an informal setting. Join us for 30 minutes of basic instruction led by a staff member. (30min.)

**Mondays at 2:30 p.m.**  
**Chess Club**

Age 8 thru 17  
 Play basics chess in an informal setting. Learn strategy and good sportsmanship. (1 hour)



**Tuesdays at 9:30 a.m.**  
**Little Listeners Story Time**  
 Ages 17 months - age 3



**Tuesdays at 10:30 a.m.**  
**Rising Readers Story Time**  
 Ages 3 - 5



**Tuesdays at 11:30 a.m.**  
**Baby Time for the Young and Restless,**  
 Age Birth—17 months

**Wednesdays at 10:30 a.m.**  
**Story Time, Ages 2-5**



**Tuesdays & Wednesdays**  
**2:15 p.m.--4:00 p.m.**  
**Creativity Time**  
 Age 5 to 12  
 Legos, Hot Wheels, Board Games

**Wednesdays at 3:00 p.m.**  
**Kids Share a Story with Pearl**  
 Limited Space (90 min.)

**Wednesday, Jan. 3 at 3:15 p.m.**  
**Kids Art of the Story**  
**Discussion Group**  
**Age 5 thru 7**  
 After reading a picture book, we will discuss what we read as well as the illustrations. Children will then have the chance to create their own illustration. (45 min.)

**Wednesday, Jan.10 at 3:15 p.m.**  
**Secret of Storytelling**  
**age 8 thru 12**  
 What makes a good story?  
 How do they change with each retelling?  
 As we read aloud short stories and act out skits, we will endeavor to find out. Analyze and discuss stories in a fun group setting. (45 min.)

### Rosetta Stone Language Learning software.

There are 30 languages (see list below) to choose from and each



lesson contains a reading, writing, listening, and speaking portion.

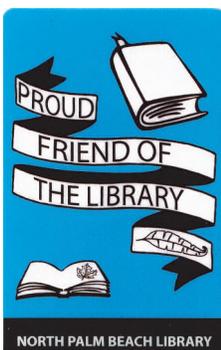
The product is free to all NPB Library cardholders. There is no software to download. All you need is an Internet connection, computer, tablet, or smartphone to begin learning.

**Happy Learning!!**



## Friends of the Library

**Monday, Jan. 8 at 5:30 p.m.**  
**Friends Board Meeting**  
 Come and join in the planning for this years events. New board members Welcome. If interested in more information please call Patty Sullivan at 561-676-8897 or Cathy Graham at 561-818-7593



**BENEFITS OF MEMBERSHIP INCLUDE:** a special Library Card, members only exclusive pre-book sale event and email updates and



### Library Closed

**Monday, January 1, 2018**

**Monday, January 15, 2018**

Check out the **library's website** for current events, [www.npblibrary.org](http://www.npblibrary.org)

Library events are free and open to the public and may be subject to change without notice



### eMagazines

easy to use,  
 no late fees,  
 available 24/7

# Book Sale

Sponsored by Friends of the Library

**Tuesday, January 23, 2018**  
**Friends of the Library Members**  
**2:00 p.m. to 6:00 p.m.**

**Wednesday, January 24**

9:00 a.m. to 6:00 p.m.

**Thursday, January 25**

9:00 a.m. to 6:00 p.m.

**Friday, January 26**

9:00 a.m. to 4:30 p.m.

**Saturday, January 27**

9:00 a.m. to 4:30 p.m.

**Sunday, January 28**

1:00 p.m. to 4:00 p.m.





We want to thank all the NPB residents who participated in The Salvation Army Angel Tree program this holiday season. We were able to provide 100 toys and clothing to families in need throughout Palm Beach County. No child should be forgotten so, thank you for bringing a smile to a child's face!

Village Council and Administration

Open to the Public		NORTH PALM BEACH COUNTRY CLUB				Open to the Public	
<b>JANUARY</b>		<b>TENNIS</b>				<b>JANUARY</b>	
691-3425		Racquet Stringing Available				691-3425	
Private groups & private lessons may be scheduled at your convenience.							
SCHEDULE SUBJECT TO CHANGE - Please call to pre-register.							
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>	
Skills & Drills call for time	Skills & Drills call for time		Skills & Drills call for time	Skills & Drills call for time	Mixed Workout 9:00 Juniors - 9 & 10 am call for class time for your child	Sun. Clinic 8:30 Round Robin 9:00	
		Cardio 10:00					
Call to register!!!	Call to register!!!	Call to register!!!	Call to register!!!	Always call to pre-register. This allows staff to schedule professionals as needed. Call to register!!!			
<b>Junior Tennis Classes-MONDAY afternoons-3:30, 4:30, 5:30</b>							
<b>Junior Tennis Classes - SATURDAY mornings - 9:00 &amp; 10:00</b>							
<b>Camps offered during winter, spring, &amp; summer breaks!!!</b>							
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	There's always something HAPPENING! Pick an activity. Call the club to register. It's that simple!			
Men's Adv Singles	Mxd Intr Singles	Mixed Workout	Men's Doubles				
6:30	6:30	6:30	6:30				
<b>CALL FOR DETAILS OR TO REGISTER FOR ANY OF THE ABOVE PROGRAMMING</b>							
<b>561-691-3425</b>							

# Calling All 33408 Artists



Resident Art Show March 15th at the obert Room,  
North Palm Beach Public Library

Open to all residents of zip code 33408



All mediums welcome! Max size 24 x 24 x 36 in\*

Accepting entries in Elementary School, Middle/High School, and Adult. Entries due by March 1st



Prizes awarded to winners in each category!!!!

Contact Barbara Bruckner at (561) 904-2122 or [bbruckner@village-npb.org](mailto:bbruckner@village-npb.org) for entry forms

\*larger pieces will be accepted based on space availability



# Support Your Local Businesses

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North Palm Beach, FL 33408      Fax: (561) 882-0226  
E-mail: agncpa@aol.com



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**Dr. Paul Perella, DMD**

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Advertise Here!

Reach over 11,000 homes per month  
call 561.904.2122 for details

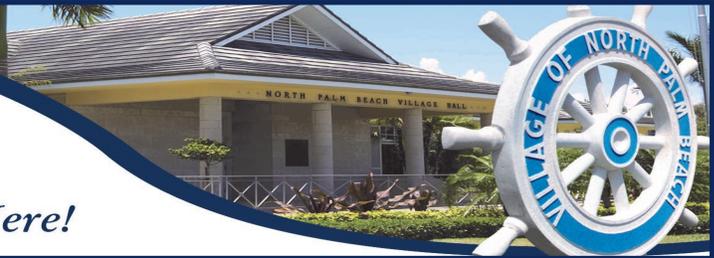
Space Available

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Reach over 11,000 homes per month  
call 561.904.2122 for details

# Support Your Local Businesses

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## SENIOR Helpers

Jeffrey Taleff  
 Director of Operations



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 jtaleff@seniorhelpers.com

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 Fax 877-781-2294 Cell 561-315-0614  
 vittorio.bertuzzelli@edwardjones.com  
 www.edwardjones.com



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**SCCS**  
 TOMORROW'S CATHOLIC SCHOOL

A Leader in Me<sup>SM</sup>  
 School

PreK - 8th Grade

## Join us for our OPEN HOUSE!

Thursday, January 25, 2018

9:30-11:00am  
 Information Session and Tours

7:00-8:30pm  
 Information Session and Tours



As unique children of God, all grow in mind, body, and spirit to become responsible leaders in our global community.

January 18 - 21, 2018

For more information visit [ww.StClareSchool.com](http://ww.StClareSchool.com)

St. Clare Catholic School

821 Prosperity Farms Rd., North Palm Beach, FL 33408 (561) 622-7171  
[w.StClareSchool.com](http://w.StClareSchool.com)

St. Clare Catholic School

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[w.StClareSchool.com](http://w.StClareSchool.com)

**Directory**

Village Hall  
 501 U.S. Highway One  
 North Palm Beach, FL 33408  
 841-3380  
 www.village-npb.org

Village Hall Hours: M-Th, 8am - 5pm  
 Friday 7am - 4pm

<b>Country Club</b>	
Membership	691-3438
Golf Shop	691-3433
Pool	691-3427
Tennis	691-3425
Restaurant	691-3430
<b>Community Development</b>	841-3365
<b>Finance</b>	841-3360
<b>Human Resources</b>	882-1155
<b>Library</b>	841-3383
<b>Police and Fire:</b>	
Emergency	<b>911</b>
Non-Emergency	848-2525
<b>Public Works</b>	691-3440
<b>Recreation</b>	841-3386
Anchorage Park	841-3386
Community Center	841-3389
Osborne Park	841-3387
<b>Village Clerk's Office</b>	841-3355
<b>Village Historian</b>	841-3371
<b>Village Manager's Office</b>	904-2122

**Regular Garbage Pickup Schedule**

Mondays - Garbage, Trash, & Bulk Items  
 Tuesdays - Vegetation  
 Wednesdays - Garbage, Trash & Bulk Items  
 Thursdays - Vegetation & Recycling  
 Fridays - Garbage, Trash & Bulk Items

**Holiday Garbage Pickup Schedule**

**Monday, January 1st – New Year's Day (No Collection)**  
 Tuesday, January 2nd – Vegetation  
 Wednesday, January 3rd – Garbage, Trash & Bulk Items  
 Thursday, January 4th – Vegetation & Recycling  
 Friday, January 5th – Garbage, Trash & Bulk Items  
**Monday, January 15th – Martin Luther King Jr. Day (No Collection)**  
 Tuesday, January 16th – Vegetation  
 Wednesday, January 17th – Garbage, Trash & Bulk Items  
 Thursday, January 18th – Vegetation & Recycling  
 Friday, January 19th – Garbage, Trash & Bulk Items

**Boards/Committees Meeting Schedule**

Audit Committee..... on call  
Code Enforcement Special Magistrate Hearing..... 1<sup>st</sup> Monday, on call  
Construction Board of Adjustment..... on call  
Golf Advisory Board..... 3<sup>rd</sup> Monday, monthly, 6:00pm  
Infrastructure Surtax Oversight Committee..... on call  
Library Advisory Board ..... 4<sup>th</sup> Tuesday, monthly, 7:00pm  
Pension Board - General Employees ..... on call  
Pension Board - Police & Fire..... on call  
Planning Commission..... 1<sup>st</sup> Tuesday, monthly, 6:30pm  
Recreation Advisory Board..... 2<sup>nd</sup> Tuesday, monthly, 7:00pm  
Waterways Board..... next to last Tuesday, monthly, 4:00pm  
Zoning Board of Adjustment..... on call

**Upcoming Council Meetings**

Thursday, January 11th, 2018, 7:30 pm  
 Thursday, January 25th, 2018, 7:30 pm

**Village Council**

**Darryl C. Aubrey**  
 Mayor  
**Robert A. Gebbia**  
 Vice Mayor  
**Mark Mullinix**  
 President Pro Tem  
**David B. Norris**  
 Councilmember  
**Susan Bickel**  
 Councilmember  
**Andrew D. Lukasik**  
 Village Manager  
**Melissa Teal, MMC**  
 Village Clerk

Village Council members may be contacted through the office of the Village Clerk at 841-3355 [council@village-npb.org](mailto:council@village-npb.org)

Regular meetings are held at 7:30 pm the 2nd & 4th Thursday of the month and are open to the public.

All meetings are held at:  
 Village Hall Council Chambers  
 501 U.S. Highway One  
 North Palm Beach, FL 33408

NORTH PALM BEACH, FL 33408

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